

Surrey RCMP Police Mental Health Outreach Team

Law Enforcement Roundtable on Drugs March 18, 2021 St/Sgt. Gary Goller Sgt. Cara Thomson

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- Surrey Outreach Team and Police Mental Health Intervention Unit amalgamated in 2019 to form Police Mental Health Outreach Team (PMHOT).
- Increased capacity to provide outreach to those suffering from mental health, substance use, homelessness.
- More consistent and integrated response .
- Operates 19 hours a day, 7 days a week.







Police Mental Health Outreach Team (PMHOT)

Mandate: Surrey RCMP's Police Mental Health Outreach Team (PMHOT) is dedicated to responding to clients who have contact with police and are dealing with mental health or other quality of life issues such as homelessness or addiction.

- Car 67
- Referrals
- Supporting vulnerable clients
- Tent encampments
- Enforcement







Working in the Community, With the Community

- On site location satellite police office
- Specially selected and trained team
- Seek trust of vulnerable clients
- Business and resident outreach
- Expanded partnerships –Support and alignment from partners and key stakeh
- Shift from enforcement to relationship b
- Focus enforcement on those preying on vulnerable







Car 67

- Established in 2000 under MOA between RCMP & Fraser Health
- Uniformed officer & psychiatric nurse
- Unmarked police vehicle to enhance privacy
- On-site emotional and mental health assessments, crisis intervention and referrals
 7 days a week from 13:00-00:30
- When Car 67 not on shift, officers conduct assessment and determine if apprehension under MHA is required (immediate crisis) or if they can refer to Car 67 for follow up when on shift.











Training

- Police officer training offered by Fraser Health
- Curriculum built for mental health diagnoses and core addictions
- Provides officers with a more in-depth understanding of what their clients may be facing
- On the job training with Car 67 nurse
- Car 67 nurse can provide insight into diagnoses, behaviours and medication management







Challenges & Learning Points

- Selecting the right staff
- Compassion fatigue
- Strong communications
- Daily meetings client privacy
- COVID-19 health and safety







Successes & Stats

- Stabilization of 135A Street
- Ability to quickly respond to new encampments as they come up
- Through consistent outreach, some clients who have been homeless for years accept shelter space/housing and/or treatment.
- 3404 referrals to services in 2020
- Car 67 supported 848 people in 2020
- 87 Naxolone administrations
- 1,737 Suicide calls for service
- 8,288 Mental Health calls for service







Partnerships

Regular communication to support vulnerable clients collaboratively

- Urgent Care Response Centre (UCRC) partnership
- Support of police and nurse for success
- Maintaining client privacy
- Effective support Support to Frontline CAR 67
- City of Surrey Bylaw Enforcement
- Fraser Health
- Lookout Society (outreach/shelters)
- Faith-based agencies
- First responders (EHS, Fire)
- BC Housing





